



LaBlast Dance Fitness is an exercise program designed by 3 time world champion

and DWTS Pro Louis Van Amstel and focuses on all the core dances from Dancing With The Stars. Students will learn partner-free ballroom dance steps while exercising, having incredible fun and dancing with their friends!

WHAT: PTO Kids Night Out

WHERE: Hollymead Elementary Auditorium – please enter via side door

WHEN: Friday, May 18

TIME: 6:15 to 8:30 PM

COST: \$20 per student with \$10 for each additional student (make checks payable to Hollymead PTO)

INSTRUCTORS: Katie Arostegui and Julie Boyer

FINE PRINT: All attendees need to be current students at Hollymead. Please send your student with a water bottle, snack and comfortable clothing and sneakers. We will be leading 2 LaBlast Dance Fitness classes along with face painting, games and other fun activities. Attendance is capped at 60 students so please register early!

To Register: Click on the attached link to register your student by Thursday, May 17. Questions? Please contact Julie Boyer at jabaker925@icloud.com.

<https://tinyurl.com/hollymeadlablast>